

AQUABLATION[®]
THERAPY



FOR THE

MAN

NOT JUST HIS **PROSTATE**

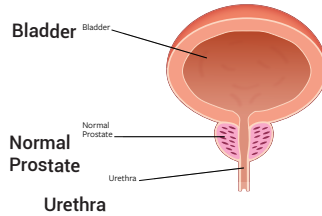
**Long-lasting BPH Relief With Low
Rates of Irreversible Complications^{1,2}**

What is BPH?

Benign Prostatic Hyperplasia (BPH), or an enlarged prostate, is a prostate that has grown to be larger than normal. BPH is not prostate cancer. As the prostate grows, it may constrict the urethra, making it difficult to urinate, and/or apply pressure on the bladder, causing it to weaken and have difficulty emptying.

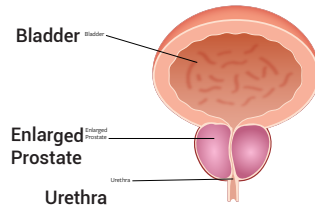
Normal prostate

Urine flows normally from the bladder, through the prostate, and out of the body.



Enlarged prostate

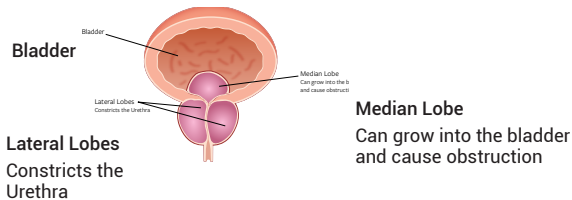
An enlarged prostate makes it difficult to urinate normally.



Size and shape of the prostate

Prostates have a few lobes, each of which can grow and cause blockage. It may be important to find out if you have an obstructive median lobe.

Enlarged prostate with obstructive median lobe



How does BPH impact me?

BPH may cause two kinds of symptoms that can impact your quality of life:

- Ability to hold urine – causing you to search for bathrooms throughout the day or to wake up several times a night
- Emptying your bladder – causing you to push or strain when urinating or to have a weak stream that starts and stops a lot

If BPH symptoms are left untreated, bladder and kidney function may be impacted over time.³ Additionally, using medications for a long time to manage BPH symptoms increases the risk of heart failure and dementia.^{4,5}

Choosing a treatment option can be overwhelming, as it often forces men to compromise in some way. This could mean not responding well to medication, getting limited relief, having a long recovery time, or even having issues with sexual function.



“I waited way too long before I got any help. It was horrible. For years, I was literally waking up 5-6 times every night to go to the bathroom.”

83% Men with BPH are **not willing to sacrifice sexual function** for symptom relief with surgery⁶

3 in 4 Men with BPH feel **that surgery requires a trade-off** between symptom relief and side effects⁶

1 in 2 Men with BPH **do not realize how important maintaining sexual function** is to them before surgery⁶

What is Aquablation therapy?

Aquablation therapy is an advanced, minimally invasive treatment for BPH that uses imaging, robotics, and a heat-free waterjet to provide long-lasting relief with low rates of complications.^{1,2,7}

What makes Aquablation therapy unique?

AQUABLATION THERAPY **OTHER TREATMENTS**

Two kinds of imaging in the operating rooms

Allowing your surgeon to see your entire prostate



Imagine seeing through an open door instead of looking through a keyhole

Robotics and advanced computer software

Allowing your surgeon to create a personalized treatment plan to precisely remove tissue



Imagine planning a route in advance instead of figuring it out along the way

Heat-free waterjet

Allowing your surgeon to safely remove tissue



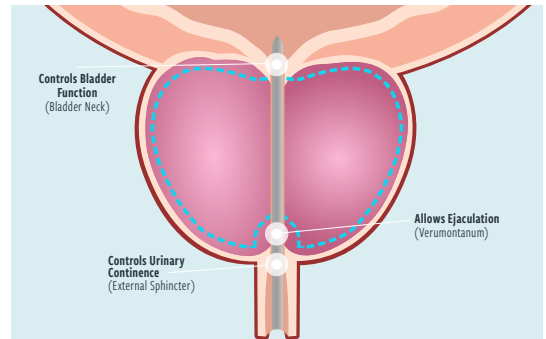
Imagine using heat-free water instead of heat

How does Aquablation therapy work?

Step 1:

Surgical planning

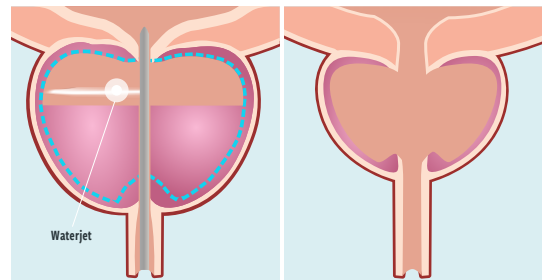
Your surgeon will identify important anatomy that maintains sexual function and continence to create a personalized treatment plan, shown by the blue dotted line. The tissue inside the dotted line will be removed, while the tissue outside will be left in place.



Step 2:

Removing the prostate tissue

Once the plan is created, a robotically-controlled, heat-free waterjet removes the prostate tissue. This robotic technology ensures the prostate tissue is removed precisely, consistently, and predictably.



Waterjet Removing Tissue

Treated Prostate

This depiction is for illustrative purposes only and does not indicate clinical performance. Patient responses can and do vary.

What results can I expect?

Clinical studies have shown that Aquablation therapy offers significant symptom relief and low rates of irreversible complications across prostates of all sizes and shapes.⁷

16 Point IPSS improvement (BPH symptom score)

2x Improvement in flow of urine

10/10 Men preserved continence

10/10 Men preserved erectile function

9/10 Men preserved ejaculatory function

Questions to ask your doctor

- How big is my prostate? What is the measurement?
- Does my prostate have a lobe protruding into the bladder?
- Will I maintain sexual function and get significant symptom relief with medications or other procedures?

Scan the QR code or visit Aquablation.com to learn more about this one-of-a-kind treatment for BPH.



"Aquablation therapy was the surgery that fixed me. I knew right away that it was working."

What to expect after Aquablation therapy

Following your Aquablation therapy procedure, your doctor will provide specific discharge instructions and advise on signs and symptoms that may require further medical attention. If a urinary catheter was placed in your bladder following Aquablation therapy, it will typically be removed within one to two days.¹ However, some patients may require a catheter for a longer time. Your doctor will provide you with specific discharge instructions and information, which you should follow.

In general, the most common side effects reported by patients include:

- Temporary "burning" when urinating
- Seeing blood and/or tissue debris in the urine for a few weeks after surgery
- Urinary symptoms, including force of the stream, hesitancy, or intermittency
- Symptoms such as frequency, urgency, and nighttime urinating. These may be "bladder symptoms" and may take longer to improve (sometimes several months)

Most symptoms typically resolve within two to four weeks after Aquablation therapy,⁸ though individual results may vary.

Usually, you can return to your everyday activities within a short time after the Aquablation therapy procedure. If you have any questions on which activities to resume, ask your doctor.

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References: 1. Gilling PJ et al. Five-year outcomes for Aquablation therapy compared to TURP: results from a double-blind, randomized trial in men with LUTS due to BPH. *Can J Urol*. 2022 Feb;29(1):10960-10968. 2. Bhojani N et al. Aquablation Therapy in Large Prostates (80-150 mL) for Lower Urinary Tract Symptoms Due to Benign Prostatic Hyperplasia: Final WATER II 5-Year Clinical Trial Results. *J Urol*. 2023 Jul. 3. Tubaro A et al. Early treatment of benign prostatic hyperplasia. *Drugs Aging*. 2021 August. 4. Lusty A et al. Cardiac Failure Associated with Medical Therapy of Benign Prostatic Hyperplasia: A Population Based Study. *J Urol*. 2021 May. 5. Bortnick E et al. Long-term Consequences of Medical Therapy for Benign Prostatic Hyperplasia. *Rev Urol*. 2019. 6. Not published. Data available upon request at PROCEPT BioRobotics Corporation. 7. Elterman D et al. Meta-analysis with individual data of functional outcomes following Aquablation for lower urinary tract symptoms due to BPH in various prostate anatomies. *BMJ Surg Interv Health Technologies*. 2021 Jun. 8. PROCEPT data on file.

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Risk & Safety Information: All surgical treatments have inherent and associated side effects. The most common side effects are mild and transient and may include mild pain or difficulty when urinating, discomfort in the pelvis, blood in the urine, inability to empty the bladder or a frequent and/or urgent need to urinate, and bladder or urinary tract infection. Other risks include ejaculatory dysfunction and a low risk of injury to the urethra or rectum where the devices gain access to the body for treatment. For more information about the potential side effects and risks associated with Aquablation therapy for Benign Prostatic Hyperplasia (BPH) treatment, speak with your urologist or surgeon. No claim is made that the AQUABEAM Robotic System will cure any medical condition, or entirely eliminate the diseased entity. Repeated treatment or alternative therapies may sometimes be required.

Aquablation therapy is performed by urologists.

Patients should talk to their doctor to determine if Aquablation therapy is right for them. Patients and doctors should review the potential benefits and limitations of treatment together.

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