

	Weeks 0-2	Weeks 3-6	Weeks 7+
Fractures	Schedule II -with one refill	Schedule II -no refill *	No schedule II Schedule III
Major Foot & Ankle Surgery	Tylenol Muscle relaxer** Gabapentin**	Schedule III -with one refill Tylenol Muscle relaxer** Gabapentin**	-no refill* Anti-inflammatories Tylenol Gabapentin**
Minor and Intermediate Foot & Ankle Surgery	Schedule II -no refill Schedule III -with one refill Tylenol Gabapentin**	No schedule II Schedule III Tylenol	No schedule II / III Anti-inflammatories Tylenol

*Unless authorized by your surgeon

** If indicated

Schedule II Narcotics: Oxycodone, Hydrocodone/Norco, Percocet, Dilaudid, Lortab

Schedule III Narcotics: Tramadol, Tylenol with Codeine

Tylenol (over-the-counter): Maximum dose = 1,000 mg three times a day

Anti-inflammatories (over-the-counter): Ibuprofen, Advil, Aleve, Naprosyn, Meloxicam (these should not be used until approved by your surgeon)

Muscle Relaxers: Robaxin/Methocarbamol, Cyclobenzaprine/Flexeril

Nerve pain medications: Gabapentin, Lyrica

- Pain medication refills are at the discretion of your surgeon and the above is a general guideline.
- **ALL prescription refill requests require 24-48 hour notice.**
- **No refills will be made on Fridays.**