

TRAIN YOUR BRAIN



BROUGHT TO YOU BY
THE CENTER FOUNDATION

ALWAYS WEAR YOUR HELMET THE RIGHT WAY 2V2

TWO fingers above the eyebrows



Straps form a "V" under the ears



TWO fingers between strap and chin



REDUCE THE RISK

Helmet use can reduce the risk of severe brain injury by up to 88%



BE THE EXAMPLE

A child is more likely to wear a helmet when they see other kids and adults wearing helmets



ALWAYS WEAR A HELMET

Children should always wear a helmet for wheeled sports, like skateboarding, bicycling, scootering, and rollerblading.



THANKS TO OUR PARTNERS

